

1. What were you looking forward to the most before you studied abroad?  
☐ the opportunity to study overseas                      ☐ living in a different culture  
☐ speaking another language                                      ☐ making new friends  
☐ developing professional skills for the future                      ☐ becoming more independent
2. What were you the most worried about?  
☐ studying in a different culture                                      ☐ housing  
☐ speaking another language                                      ☐ making new friends  
☐ financial arrangements                                      ☐ leaving friends and family
3. Did you have expectations about any of the following? What were they? How did the reality of your experience compare to what you had expected?  
☐ academic environment                                      ☐ communicating in another language  
☐ housing                                      ☐ transportation  
☐ traveling                                      ☐ developing new relationships  
☐ keeping in touch with people at home                      ☐ food
4. Try to remember your initial observations and experiences abroad. Were you surprised by anything you saw or experienced?
5. How do you feel now about the items you mentioned in #4?
6. Did studying abroad cause you to change your daily routine? How is it different from the daily routine you had in the United States before you went abroad?
7. Did you make adjustments in your attitude toward any of the following?  
☐ punctuality                      ☐ personal space  
☐ noise                                      ☐ privacy                                      ☐ independence
8. What were the three easiest adjustments for you to make? How long did it take you to adjust?
9. What were the three most difficult adjustments for you to make? How long did it take you to adjust?
10. Is there anything about your study abroad experience that you were never able to adjust to?
11. What did you enjoy most about being abroad?
12. Are there any customs, sports, styles of dress, foods, shopping patterns, etc. that you have adopted from your experience?
13. Will you be able to continue these practices or customs back in the United States?
14. Did you pick up any greetings, gestures, or expressions that you have begun to use regularly?
15. How do you people react to the items you listed in #13 and #14?
16. What is the most surprising/challenging thing that happened while you were abroad?